



## Why stressed-out CEOs are flocking to this doctor



Dr. Erika Schwartz (right) and Bernadette O'Sullivan of Evolved Science

New York CEOs may have discovered a unique nirvana to help them fight their own increasing job stress — IV infusions. And more of them are showing up for a good fix at

the Fifth Avenue practice of Dr. Erika Schwartz, founder of Manhattan's Evolved Science.

Schwartz's infusions are not some shady concoction that delivers a quick rush to the brain and body.

Her practice, she says, has offered this IV infusion therapy for years — delivering a dose of amino acids, vitamins, detoxifiers, and antioxidants to her patients, who include New York's top C-suite crowd.



Schwartz says more managers are under stress at work, and to stay on their game. “They come here before or after work to make sure they stay focused,” she told The Post. “You know, they have to meet with many clients, manage and entertain, and they have all these stressors more and more.”

Patients may feel the positive effects almost immediately, others within 36 hours, with visits recommended once weekly for five weeks, and then as needed.

“It is really individualized,” said Schwartz. “And, no,” she claims, “this is not addictive like sugar, because it goes right into your veins and not into your taste buds.”

Schwartz, who employs a staff of 13, is opening an IV infusion clinic so that more people, like stressed-challenged New York CEOs outside of her practice, have greater access to physician-supervised IV infusion wellness care.